

## Acsm Personal Trainer Study Guide

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### ACSM Certified Personal Trainer Exam Prep: 2020 Edition ...

Introducing our updated for 2020 ACSM Certified Personal Trainer Exam Prep 2020-2021: Personal Training Study Guide and Practice Test Questions Book for the ACSM CPT Examination! Ascencia Test Prep's brand new, unofficial ACSM Certified Personal Trainer Exam Prep 2020-2021 offers you current examples, graphics, and information relevant to your healthcare career.

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The current textbook is called ACSM's Resources for the Personal Trainer 5th edition. It consists of 22 chapters and is written by the American College of Sports Medicine. Refer to the image on this page so that you pick up the correct textbook. I recommend either picking the book up from the ACSM website or from Amazon.

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### Personal Trainer Certification | ACSM Training Certification

28 Personal Trainers should be able to: Discuss common client expectations of a Personal Trainer. Examine potential career starting points and career paths. Highlight options for continuing education and career development. Examine expectations of a career as a Personal Trainer. CHAPTER 2 OBJECTIVES Career Track for Personal Trainers ACSM-RCPT5\_CH02.indd 28 6/2/17 7:39 PM

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Developed for test takers trying to achieve a passing score on the ACSM Personal Trainer Certification, this comprehensive study guide includes: •Quick Overview. •Test-Taking Strategies. •ACSM CPT Introduction. •Initial Client Consultation and Assessment. •Exercise Programming and Implementation. •Leadership & Education Implementation.

### ACSM Certification Review Study Guide: Certified Personal ...

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### ACSM CPT Practice Test (ACSM Certification Review)

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