

Read Book Ajax Soccer Drills

Ajax Soccer Drills

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categorically easy and
consequently fast,
isn't it? You have to
favor to in this
heavens

AJAX 4v2 Possession
game AJAX 8v4

Possession game

~~AJAX 5v3 Possession~~

~~vs counter attack~~

~~small-sided game~~

YiTB - The Secret Ajax
Drill

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Top Drills From Ajax
FC Passing and
Receiving Ajax
Amsterdam Academy
part 1
~~SoccerCoachTV - 5v3~~
~~Possession Game:~~
~~Possession with~~
~~Purpose: Turning~~
~~Your Possession into~~
~~a Dangerous Weapon~~
~~-Frank Kohlenstein~~
~~ajax training method~~
2

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Ajax Training Session
Bayer Leverkusen
Training - Passing
drill advanced - train
the Ajax way - Peter
Bosz Training Drills
For Central
Midfielders | The
Essentials To Playing
Central Midfield

Overlap Passing
Training Drill |
Football Coaching |
What It Takes

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Soccer Coaching

Possession Drill:

Warm Up (Technical)

Small-Sided

Transition Games

Progressing to Goal

AJAX 9v9 Game

Playing out from the

back 3 PLAYER

PASSING DRILLS -

LEARN TO PASS LIKE

A PRO ~~How to learn~~

~~passing like FC~~

~~Barcelona: 19~~

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~~Variations in the
6-Cone-Drill AJAX
6v3 possession game
part 2 German
Training Concepts -
23 Drills in the
Passing-Triangle
Soccer training ideas
3 (technical practice
on stations)~~

2v2v2+1 Possession
Game for Soccer!

AFC Ajax - 3 passing
patternsSoccer

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Dribbling Drill -
Feinting - Receiving
Technique and
Combinations ajax
training method 1
Ajax passing Triangle
Tiqui Taca - One
Touch Soccer | 6
Player Drill with
Switching Sides Dutch
Football Soccer
Coaching Methods
/u0026 Training
Drills AFC Ajax U11

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team - passing square
drill Ajax

Training Session
before the UEFA
Europa League Final
2017 ~~Ajax Soccer~~
Drills

Jan 11, 2017 Ajax
Training
Drills/Exercises Plus
More Jan 11, 2017
Jan 10, 2017
Philippe Coutinho -
Behind the scenes

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and how he made it

Jan 10, 2017

December 2016

~~Ajax Training
Drills/Exercises Plus
More~~

~~Keep it on the deck~~

Ajax Shooting Drill

(15 mins) Ajax

Passing Drill. Two

sets of players either

side of goal each with

the ball. The work

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diagonally across. The first player passes to a player already in place who take two touches to control and shoot (and then quickly clears the area).

~~Football/Soccer: Ajax
Passing Drill
(Technical: Shooting~~

...

Passing & Support

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Drill 5 Crossing &
Finishing 6 4-3-3 The
Ajax Way 7 Passing &
Shooting 1 8 – 9
Passing & Shooting 2
10 Passing &
Movement 11 Ball
Movement 12 Ball
Movement Passing
Sequence 13-14

~~Dutch Drills~~

Ajax Soccer Drills is
welcoming in our

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~~Ajax Soccer Drills~~
Reliefwatch

Y Drill – as per Ajax sprints with a cut around the cone to the right and left (alternating). Sprint to shoot – as per Ajax sprints changing direction onto a passed ball (control and finish). Ajax sprint: perform low intensity drill in 5m

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section, then change pace and accelerate thru the 10m section.

~~Ajax sprints – Soccer
Coach Weekly~~

Ajax players must be able to sum up situations quickly to problem solve on the pitch. The only running Ajax do in training is 20 - 30 yard sprints, there are

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no long distance runs.
A lot of work is done
on the players
running technique
working on short and
long running strides.
A lot of training is
performed on
improving the players

~~AJAX AMSTERDAM
COACHING AND
SYSTEM FULL~~

Known for

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recognising talent, our youth academy inspires you to be the best. Developing, but also nurturing your talent. We strongly believe that the youth academy should be the foundation of every club. Therefore, we have founded the Ajax Coaching Academy, to share the Ajax philosophy with

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you: clubs, coaches
and players from all
over the world.

~~Be the best - AFC Ajax~~
Soccer Coach Weekly
offers proven and
easy to use soccer
drills, coaching
sessions, practice
plans, small-sided
games, warm-ups,
training tips and
advice. We've been at

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the cutting edge of soccer coaching since we launched in 2007, creating resources for the grassroots youth coach, following best practice from around the world and insights from the professional game.

~~Soccer drills and
skills - Soccer Coach
Weekly~~

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Enjoy the videos and music you love, upload original content, and share it all with friends, family, and the world on YouTube.

~~ajax training method~~
~~2~~ YouTube

Set-up: Place two cones 15-20 meters apart and a third cone 5-10 meters from the

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second cone to form a straight line of three cones. Exercise: In these soccer passing drills, player 2 starts at the furthest cone from player 1. Player 2 runs to the center cone and asks for the ball.

~~[Free PDF] Soccer
Passing Drills,
Dribbling Drills ...~~

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The goal of Ajax is to form talented young players into top football players.

~~Youth Academy - Ajax~~
English

After I left Ajax for some other clubs, I worked intensively with the system every day for 3 years and in this way I managed my coaches team.

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Because I was educated at AFC Ajax in the early 90s with the vision of Louis van Gaal and later Johan Cruyff, my work is a mix of the two most famous coaches in the world!

~~SoccerPLAY | online
coach app~~

~~SoccerPLAY~~

~~SOCCKERPLAY~~

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If you're not using U10 soccer drills that keep them focused and engaged, you'll find players around this age can become distracted very easily. Which isn't a good thing for your training sessions (or the players around them). To help you keep them focused, here are 6x U10

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soccer drills I
recommend using.

~~U10 Soccer Drills: 6
Action-Packed Drills
to Keep Your ...~~

Amsterdamsche
Football Club Ajax
(Dutch pronunciation:
) , also known as AFC
Ajax, Ajax
Amsterdam, or simply
Ajax, is a Dutch
professional football

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club based in Amsterdam, that plays in the Eredivisie, the top tier in Dutch football. Historically, Ajax (named after the legendary Greek hero) has been the most successful club in the Netherlands, with 34 Eredivisie titles and 19 KNVB Cups.

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~~AFC Ajax - Wikipedia~~

This book is a collection of 40 drills used by coaches at the various levels at Ajax, including head coach of the first team and legendary Dutch superstar, Ronald Koeman.

Topics covered include: Warm Up Drills, Conditioning

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Drills, Shooting Drills,
Goalkeeping Drills,
Positional Play Drills,
and more.

~~Ajax Training~~

~~Sessions:~~

~~Amazon.co.uk: Smink,
Jorrit ...~~

The top 10 of the
best passing drills
you can find online

~~Top 10 Soccer~~

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~~Passing Drills-~~

~~YouTube~~

Using Tactics

Manager Software I've
created 1 of 4

progressive drills

used by Ajax

Academy- taken from
the latest WORLD

CLASS COACHING

Magazine Sep/Oct

2010 Issue. You can

download the Session

together with training

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notes in PDF format
below. Ajax Academy
Drill 1 of 4 -
Receiving from
Frontal Pressure

Ajax Training
Sessions Train Like
Ajax. Play Like Ajax
The Coaching
Philosophies of Louis
Van Gaal and the Ajax

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Coaches Dutch Soccer
Secrets Soccer
Coaching, Ages 5-12
Coaching Youth
Soccer Coordination,
Agility, and Speed
Training for Soccer
Conditioning for
Soccer Soccer
Coaching,
Development, and
Tactics German
Soccer Passing Drills
Elite Soccer Drills

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Rondo Soccer Drills

The Art of Coaching

Youth Soccer Soccer

Soccer: Functional

Fitness Training

Coaching Soccer

Essential Soccer Skills

Soccer in Mind 45

Professional Soccer

Possession Drills

Complete

Conditioning for

Soccer

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