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Cameron West is not a great author, but his life makes for a great story. First Person Plural tells the autobiographical tale of a man coming to grips with his multiple personalities. It's a story full of revelations, complex interplay (both interpersonal and interpersonality) and a logical, well-developed sequence of scenes and character-development.

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First Person Plural: My Life As A Multiple is a psychology-related autobiography written by Cameron West, who developed dissociative identity disorder (DID) as a result of childhood sexual abuse. In it,

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West describes his diagnosis, treatment, and personal experiences.

## ~~First Person Plural—Wikipedia~~

“First Person Plural is an honest, courageous account that demystifies the lives of those who struggle with Dissociative Identity Disorder.” Ellen Bass author of *The Courage to Heal* “First Person Plural is an incredibly important book. It is a testament to the resiliency of the human spirit.”

## ~~First Person Plural: My Life as a Multiple eBook: West Ph...~~

Cameron West - New York Times Best-Selling Author Cameron West's "First Person Plural: My Life as a Multiple" is a New York Times, Publishers Weekly, & USA Today Bestseller about Dissociative Identity Disorder. The book was endorsed by Oprah Winfrey, reaching #1 on Amazon & Barnes & Noble and published in 22 countries.

## ~~First Person Plural~~

First Person Plural (FPP) specialises in working for and on behalf of all those affected by Dissociative Identity Disorder (DID) and similar complex trauma-related dissociative identity conditions. These similar conditions include type 1 Dissociative Disorder Not Otherwise Specified (DDNOS), and a type of Other Specified Dissociative Disorder (OSDD) which is described as DID-like.

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Founded in 1997 First Person Plural is one of the longest established UK organisations working specifically for and on behalf of people affected by complex dissociative identity disorders, i.e. Dissociative Identity Disorder – also known as Multiple Personality Disorder (DID/MPD), and DID-like Dissociative Disorder Not Otherwise Specified – now renamed Other Specified Dissociative Disorder (DDNOS/OSDD).

~~About Us – First Person Plural~~

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Heartwrenching, humorous, and ultimately hopeful, First Person Plural is a story that will make you stand in awe of the power of the mind to protect itself and cheer for West as he struggles to gain control of his life. Accolades for First Person Plural: New York Times Bestseller Publishers Weekly Bestseller USA Today Bestseller #1 Amazon.com

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~~First Person Plural Quotes by Cameron West~~

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