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(4): Ghost Realm Gabor Mate with Rebekah Demirel, Seattle, May 16, 2014 Gabor Mate, MD, Feb 19, 2014 in Seattle Mindrolling – Ep. 219 – Dr. Gabor Mat é In the Realm of Hungry Ghosts, Gabor Mat é – Book Report

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DR GABOR MAT É - CHILDHOOD TRAUMA CREATES ADDICTION - Part 1/2 | London Real In The Realm Of Hungry

Distilling cutting-edge research from around the world, In the Realm of Hungry Ghosts avoids glib self-help remedies, instead promoting self-understanding as the first key to healing and wellness. Blending personal stories and science with positive solutions, and written in spellbinding prose, it is a must-read that will change how you see

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condemns society for depriving  
human beings of what they need to  
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punishing them for using drugs to  
relieve their pain... well-written,  
engaging."--Dissident Voice "In the  
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Author: Gabor Mat é . Publisher: Vermilion. ISBN: 1785042203.

Category: Page: 496. View: 447.

To heal addiction, you have to go back to the start...

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## Encounters With Addiction

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E. suggested I read “ In the Realm of Hungry Ghosts ” as part of my introduction to Vancouver, and gosh but was he right in recommending it. The book ’ s author, Gregor Mate, is a doctor who works in Vancouver ’ s notorious downtown eastside - a neighbourhood known for being a drug zone.

~~In the Realm of Hungry Ghosts:~~

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In the Realm of Hungry Ghosts condemns society for depriving human beings of what they need to thrive and then persecuting and punishing them for using drugs to relieve their pain... well-written,

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engaging.” —Dissident Voice “In the Realm of Hungry Ghosts is a poignant and illuminating treatise on the nature of addiction. Mat é , a physician in Vancouver's Downtown Eastside, has been treating poor and homeless people addicted to various drugs, particularly cocaine, heroin, and ...

~~In the Realm of Hungry Ghosts—  
North Atlantic Books~~

In the Realm of Hungry Ghosts: Close Encounters with Addiction, Winner of the 2009 Hubert Evans Non-Fiction Prize. Hungry Ghosts (U.S. Title: In the Realm of Hungry Ghosts: Close Encounters with Addiction): From street-dwelling drug addicts to high-functioning workaholics, the continuum of addiction cuts a wide



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and painful swath through our culture.

~~Addiction Book: Dr. Gabor Maté~~  
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realms. Each realm is populated by characters representing aspects of human existence—our various ways of being. In the Beast Realm we are driven by basic survival instincts and appetites such as physical hunger and sexuality, what Freud called the id. The denizens of the Hell Realm are trapped in states of unbearable rage and anxiety.

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In the Realm of Hungry Ghosts  
Quotes Showing 1-30 of 205 “ Not all addictions are rooted in abuse or trauma, but I do believe they

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can all be traced to painful experience. A hurt is at the centre of all addictive behaviours. It is present in the gambler, the Internet addict, the compulsive shopper and the workaholic.

## ~~In the Realm of Hungry Ghosts Quotes by Gabor Maté~~

Beings are reborn in the hungry ghost realm because they have acted with extreme selfishness and greed, and refused to share their blessings with the less fortunate. This greed is feverish, angst-ridden and passionate, whereas the greed of the Beast Realm is more immediate, basic and instinctual.

## ~~31 - Six Realms of Existence Part 3: Hungry Ghost and ...~~

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Dr Gabor Mate : 9781785042201~~  
The Realm of Hungry Ghosts The Mandala, the Buddhist Wheel of Life, revolves through six realms. Each realm is populated by characters representing aspects of human existence—our various ways of being. In the Beast Realm we are driven by basic survival instincts and appetites such as physical hunger and sexuality, what Freud called the Id.

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