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The First 20 Hours helps you pick up any skill in record time ... and have much more fun along the way. 'Lots of books promise to change your life. This one actually will' -Seth Godin 'A blockbuster in the making' -Chris Guillebeau, author of The \$100 Startup. Josh Kaufman helps people make more money, get more done, and have more fun.

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In The First 20 Hours, Josh Kaufman offers a systematic approach to rapid skill acquisition-- how to learn any new skill as quickly as possible. His method shows you how to deconstruct complex skills, maximize productive practice, and remove common learning barriers.

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The First 20 Hours is a book about rapid skill acquisition: how to pick up new skills as fast as humanly possible. You can go from knowing absolutely nothing to performing noticeably well in a very short period of time: approximately 20 hours,

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often less. Chapter 1.

The First 20 Hours - Josh Kaufman

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practice of applying the ideas to a variety of skills as diverse as playing a musical instrument and wind surfing.

The First 20 Hours: How to Learn Anything... Fast!  
(Audio ...

The First 20 Hours looks at rapid skill acquisition, where you can learn the basics in only 20 hours of well-planned practice. The three main lessons from the book are: Focus on one skill at a time. Create time to practice. Practice in short spurts, not long slogs. Read full summary on....

The First 20 Hours Summary | BookSummaryClub

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The summary of this book is basically that if you study a particular skill for 20 hours or 40 minutes a day you will acquire that skill. He goes into unnecessary detail about web design & playing the ukulele. There is just pages & pages of this filler. What is in this book could really have been reduced to an online article.

Amazon.co.uk:Customer reviews: The First 20 Hours: How to ...

The First 20 Hours tells you how to use the initial learning time to maximum effect and have as steep a learning curve as possible. To learn a skill, you must deconstruct the skill into its constituent subskills and



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learn enough about each subskill to be able to practice effectively and self-correct.

How to Learn Anything Fast // Book Summary of Josh Kaufman ...

Most of what the first 20 hours is about can be digested from the first 2 chapters. The additional chapter's concepts are elementary when it comes to understanding how to use the strategies for rapid learning. Check it out from your local library before buying it if you can; You may get all that you need from doing so.

The First 20 Hours: How to Learn Anything . . . Fast ...

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The First 20 Hours is a book about rapid skill acquisition. In this book, based on his research, Josh Kaufman lists down the four major steps of rapid skill acquisition: a. Deconstruct b. Learn c. Remove barrier d. Practice Next, the author goes on to explain ten principles of rapid skill acquisition and ten principles of effective learning. The ten principles of rapid skill acquisition is a list of common-sense thinking to skill acquisition, put together nicely in a list for your checking.

The First 20 Hours: How to Learn Anything...Fast by Josh ...

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Josh Kaufman, #1 bestselling business author. A practitioner's guide to rapid skill acquisition.

Accelerate your learning by deconstructing complex skills, practicing the most important elements first, and removing barriers to deliberate practice. What do you want to learn? Buy the book:

Yoga - The First 20 Hours

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approach is described in the first few chapters. The rest of the book comprises specific examples or practice of applying the ideas to a variety of skills as diverse as playing a musical instrument and wind surfing.

The First 20 Hours: How to Learn Anything . . . Fast ... Kaufman shows how to break complexity into simple tasks, make the very best of your limited time and solve unexpected problems. In The First 20 Hours you'll learn how to acquire any skill in record time - and have a lot of fun along the way. show more

The First 20 Hours : Josh Kaufman : 9780670921928

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