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Shelves: rubbish-bin. I bought this book because its author was described as one of the 7 best thinkers of our time (come to think of it, by the author of a book I also did not enjoy). But unfortunately I was not impressed.

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Thich Nhat Hanh: Essential Writings, Robert Ellsberg (Editor), Orbis Books, 2001, ISBN 1-57075-370-9; Anger: Wisdom for Cooling the Flames, Riverhead Trade, 2002, ISBN 1-57322-937-7; Be Free Where You Are, Parallax Press, 2002, ISBN 1-888375-23-X; No Death, No Fear, Riverhead Trade reissue, 2003, ISBN 1-57322-333-6

Thích Nh?t H?nh - Wikipedia

When I ordered this book, I really expected a disorganized mix of Thich Nhat Hanh's writings and quotes...was I wrong.

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The book has quickly become one of my favorites...it has helped me understand many buddhist concepts I had a hard time understanding in only a few short pages.

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Ordained as a monk aged 16 in Vietnam, Thich Nhat Hanh soon envisioned a kind of engaged Buddhism that could respond directly to the needs of society. He was a prominent teacher and social activist in his home country before finding himself exiled for calling for peace.

Thich Nhat Hanh | Plum Village

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From exile in France, Thich Nhat Hanh wrote to Brother Quang to encourage the workers during this dark time. Thay Nhat Hanh ("Thay," the form of address for Vietnamese monks, means "teacher") wished to remind them of the essential discipline of following one's breath to nourish and maintain calm mindfulness, even in the midst of

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The Miracle of Mindfulness - Terebess

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Thich Nhat Hanh: Essential Writings (Modern Spiritual ...
Zen master, poet, monk and peace advocate, Thich Nhat

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Hanh is a Vietnamese Buddhist monk who has lived in exile in France for 30 years. Through his writings and retreats he has helped countless people of all religious backgrounds to live mindfully in the present moment, to uproot sources of anger and distrust, and to achieve relationships of love and understanding.

Thich Nhat Hanh - Orbis Books

Thich Nhat Hanh: Essential Writings (Modern Spiritual Masters Series) By Thich Nhat Hanh. Zen master, poet, monk and peace advocate, Thich Nhat Hanh is a Vietnamese Buddhist monk who has lived in exile in France for 30 years. Through his writings and retreats he has helped countless

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